

Advanced Aroma
Unit 2A
Course References





Course References: (2A)

All information, written, videos pictures etc. are for subscribing students of this course only. They are not for sharing or reposting. We thank all the authors, aromatherapists and alchemists that have contributed to this field.

The Aromatherapy Practitioner Reference Manual by Sheppard-Hanger S. has been heavily drawn on for much of the scientific and medical information. This has been our go-to book for many of our write-ups and the first place to check if you are looking for our source.

When we mention Tisserand and give a page number in the course we are referring to the wonderful toxicology book below written by Tisserand and Young. Tisserand R. Young R. Churchill, Livingstone, Elsevier.

Please keep track of your own notes and research to keep expanding the field. Credit to the authors is given mainly on this page, rather than throughout the notes for the sake of brevity, and because there is much cohesiveness in various authors descriptions of plants and their properties.

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