Table of Contents- Practical Potions 2, Aromatherapy Advanced

1. Welcome Aboard – The Advanced Practical Potions, Apprentice-Ship Adventure

- o A. About the Journey
- o B. Your Apprentice-Ship, Adventure Guides
- o C. Practical Potions- Advanced

2. Body Beautiful – Inside the Ship's Spa

- o A. Love The Skin You're In (Get it into Ship-Shape) (2A)
- B. Essential Oils For the Skin
- C. Carrier Oils, Butters, & A Few Ingredients for Cosmetic Making
- D. Skin Sensitivities, Allergies and Toxins in Commercial and Natural Products
- o E. Hydrosols and Floral Waters
- o F. Cleansers-Steam, Scrub and Tone
- G. Masks
- o H. Formulating, Emulsifiers, Preservatives & Other Necessities
- I. Creams, Lotion, Serums & Lip Balm
- 。 J. Hair Care
- o K. Body, Nail, Hand, Foot & Mouth Care

3. Sail Through Life's Phases

- o A. Pregnancy
- o B. Babies and Infants
- 。 C. Gynecology
- o D. Seniors
- 。 E. Men

4. Essential Oil Families, Shipped to You from Around the World

- o A. Rutaceae Devas of Adorability
- o B. Umbelliferae Devas of Digestibility
- o C. Roses- Devas of Magnificence
- D. Assorted Families Devas With Big Gifts
- E. Local And Unusual Essential Oils The Devas of Home Coming (4E)

5. Psycho Aroma – Remedies from Exotic Cultures

- A. Overview
- _o B. Essential Oils and the Brain
- o C. Hippocratic System
- D. Ayurvedic Aromatherapy
- 。 E. Astrology
- F. Worwood
- 。 G. The Gumbel System
- o H. Dreams

6. The Scentual Home- A Visit Back to Shore

- o A. Cooking with Essential Oils
- o B. Cleaning with Essential Oils
- C. Plant Care & Insects and Pests, Resources for Pets
- o D. Holiday Gift Ideas

7. Perfumery

- A. The Language of Flowers
- o B. Advanced Blending

8. Healing & Safety-The Ship's Wellness Room

- A. Advanced Toxicology and Home Healing
- o B. Ship's Remedy Chart

9. Product Development and Marketing – Be Known From Sea to Sea

- A. Develop a Business Plan
- o B. Labeling & Sourcing Supplies
- o C. Marketing
- o D. The Future of Aromatherapy
- o E. Government Forms, Regulations and Stability Testing
- o F. Artificial Intelligence In Aromatherapy

10. Projects – Showcasing Your Competency & Bringing Your Skills Home

- A. Fine Tuning Your Interview Template
- B. The Magic of Creation Your 8 Aromatic Products or Thesis and Workplacement
- o C. Student Presentations Honoring the Devas
- o D. Increase Your Skills- Receive A Diploma