

Gratitude to Lemon

Michelle Lund- Student Project

Uplift my spirits
Energize my soul
Lemon, Thank you.
Clear my congestion
Detoxify my body
Lemon, Thank you.
Cleanse my home
Purify my air
Lemon, Thank you.
Focus and clarity to my mind
It helps to prioritize my tasks at hand
Lemon, Thank you.
Fights infections
Stimulates white blood cells
Lemon, Thank you.
Toning, strengthening and lightening qualities
In small quantities for my skin
Lemon, Thank you.
Relieved sore and achy joints
Lymph and veins in tip-top shape
Disinfecting my mouth and gums
Lemon, Thank you.
A gargle helps my sore throat and cough
Lemon, Thank you.
Sunshine in a bottle
Take care in the sun and while pregnant.
Lemon, thank you!