

2nd Example of Writing Up Your Interview- Form 3B

Your name:

Date:

Assignment #:

(No longer than 3 pages.)

Client Summary:

Background: Briefly summarize relevant aspects of the client's history, background and current situation.

Root Issues: Abandonment, neglect, abuse, exclusion, deprivation. These often come out of the background.

Goals and Objectives:

What are the goals and objectives the client came into the session with, or that you developed with the client in the course of the interview.

List succinctly in order of importance.

Polarities: Areas where you sense an inner conflict or split.

Themes: Recurring motifs in the client's life.

Essences Selected:

Indicate the method or methods you used to select the essence-

Interview- type dream, Kramer, background sheet, Repertory, Pendulum, etc.

Provide a list of the essences you selected and why you chose them.

Indicate which essence is the primary one for that individual. Justify clearly.

Essences Selected	Comment
One Essence Remedy: Manzanita	State: Why you chose Manzanita as the key remedy.
Larch	Why you chose Larch
Baby Blue Eyes	Why you chose Baby Blue Eyes
Blackberry	Why you chose Blackberry

Combination choice: specify.	Why you created this combination.

Name of Combination-That reflects the properties and intention of the blend.

Create An Affirmation with the Client that Reinforces their goal statement.

Create at least 2 action steps the client agrees to do that directly address the goal.

Include:

Client Background:

Briefly summarize aspects of your client’s background, history and current situation.

Root Issues which might stem from the background.

Important themes and polarities.

Clients goals listed and prioritized.

Your choice of essences and rationalization

Name of Blend-

Affirmation-

Relevant Action Steps

Ensure your client has been informed about what essences are and how to use them.

Check with your client for allergies or sensitivity to alcohol.

Never give them a preservative that they may be allergic to.