

Narrative Medicine Questions-Level 1

We will take some time to journal and then get together in a circle and share stories. Here is what we will ask.

1. What in me is calling to be heard?
2. Where have I been physically hurt, (broken bones, surgeries, recurring infections wounds)?
3. Overall what has been my major health condition?
4. What has this condition taught me?
5. How do I feel about this injury or condition?"

6. "What do I think is going on with my condition?"

7. What have I already healed?

8. What has helped me the most?

a. Have I had healing with alternative therapies?

b. Have I had healing with western medicine?

9 How has my life changed as a result of my condition?"

10. What has my wound taught me?

11. What about my condition or story has brought me to this program?