

## The 8 Greek Goddesses

From Healing the Goddess Wound- Laurie's Book  
Cards- The Healing Goddess Oracle-

Athena-

Demeter

Hestia

Persephone

Hera

Aphrodite

Artemis

Hekate

## Myths of the Goddess-

### Journal- 30 minutes

How is it that learning in early civilization women may have been viewed, not only as simply worthy, but the spiritual head of a culture change or shape your views, toward:

a) Your body

b) The legal system

c) Pleasure

d) Worthiness of self

e) Worthiness of other women?

f) How else might it enhance your pride in being a woman?

g) Which goddess presented today felt most aligned to you?

h) Did any of the goddesses make you uncomfortable? How so?

Report back on facebook with g)- which goddess felt most aligned with you and why?