**9 Steps in Interpreting the Vasalisa Myth,**

**On Retrieving Intuition**

**by Clarissa Pinkola Estes from Women Who Run With Wolves,**

A picture containing tree, outdoor, plant, trunk

Description automatically generated**enhanced by Laurie☺**

Step 1- Let the too good mother die.

Step 2- Exposing the Crude Shadow

Step 3- Navigating in the Dark

Step 4- Facing the Wild Hag

Step 5- Serving the Non Rational

Step 6- Separating This From That

Step 7- Asking the Mysteries (Life/Death/Life)

Step 8- Standing on All Four’s

Step 9- Recasting the Shadow