

Practical Potions An Aromatic E Course

Unit 4G Project Assignment Students Honour 3 Plant Devas



Transformational Step

**Represent 3 oils
and bring them back to present to the class in a creative way.**

Purpose: To deepen your understanding of 3 plants in a family. To learn to work deeply with these plants. To produce something tangible from the relationship. To teach others about these plants.



Aromatherapy Assignment

Participation is Required for Certification.

Due before completing the course.

You will be asked to do a presentation and to send it to the instructors. It can be a video, but may also be in the form of a pdf, audio, drawings, stories etc. We have a range of student presentations in this course that were all acceptable.



Choose the 3 oils you wish to work with and answer the following set of questions for each of the 3 essential oils.

Why is this oil important?

How is it used?

What are its main qualities?

What distinguishes it from other oils in its family?

What are the cautions?

How do you feel about it?

How do you, or might you, use it?

Presentations should take about 5 minutes each, for a total of 15-20 minutes per individual presenter. Use a selection of techniques to demonstrate what you know about the oils to others in your aromatic e-course.

Try different presentation methods for different oils. For example: if you are doing Lamiaceae, you may write a poem for Lavender, present a skit for Marjoram, and do a practical demonstration on how Rosemary is used for skin care. Or you might try a song for Sage, a drawing for Thyme and a report for Spike Lavender. Anything creative goes! Use your imagination and have fun.

You may also do 3 oils from different families.

There are examples of student presentations in this course:

In the Compositae section under Yarrow you may listen to Sonya's song.

In the Lamiaceae under Sage-Clary you will find Annora's song.

In the Burseraceae family you may see Courtney's Intuitive Games.

The purpose of each activity is to deepen and enrich the knowledge of a topic for classmates and self and present aspects of the oils that reinforce memory about important properties of the oils, or present new information.

You may choose 3 essential oils from the same family, or 3 of your favorites, from any of the families we have covered in the course:

Lamiaceae

Lauraceae

Compositae

Coniferae

Gramineae

Myrtaceae

Burseraceae

Geraniaceae

Zingiberaceae



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