

# Practical Potions An Aromatic E Course

## Unit 3C The Council of Plants... and Devas



# Transformational Step

## Meeting The Council of Plants and Devas

### Working with Plants and Essential Oils, Intuitively.

What leads to transformations?

Knowing plants are living energy.

Understanding they can be contacted.

Learning how to call and conduct a council “meeting”.

Practice working with dreams and plants.

**Purpose:** To tap into the plant world’s intelligence and to heighten your intuition around plants.



Earth Spirit Medicine Graduate.  
(Drawing by Kenzie Minotauro,)

## Exercise

From the novel, *The Path of the Devas*, (section provided in the on-line portion of the e-course) explain what a deva is?

Why might devas be important to plants, and nature as a whole?

How does the deva of Echinacea explain the doctrine of signatures?

Why is it important for people who work with plants to understand the energetic, spiritual ways of communicating?

How might dreams bring information about our health or ability of a plant to work with us?

What makes dreams difficult to work with?

Have you ever had a dream about your health, or a plant's ability to heal?

Do you work with your dreams?

Have you ever had one that felt important?

How can you tell when a dream is important?

## Plant Council Exercise:

(The idea of dream council originates with Stephen Aizenstat).

Determine why you will call the Council of Plants- What issue do you want more insights into? This could be a question about health, beauty or something practical.

To Prepare:



**Brainstorm** the most important oils for the issue you have identified by perusing the notes on essential oils? Show the devas you are doing your homework.

Find objects that represent the plant energies to bring to the circle- an oil bottle or picture of the plant works well. Place the symbol of the devas you will call in a circle, and set the council.

Calling the Circle:

Invite the devas of the oils you want represented to attend. Make the number of members workable, (more than 2, but no more than 6 or 8).

Ask each of the devas who show up- their names, or how they want to be referred to. Present Your Council with an issue you are facing, or just get their opinions. Talk deeply to each member you are thinking of.

Listen with all senses.

While in the meeting you may also journey, meditate or visualize to find out more about each plant deva.

(If it feels imagined, not real, this is alright. Indulge in the art of "high play").

Any new team takes time to get comfortable and familiar. Allow your Council time to "gel" to take form, to have an impact. You are learning a new way to communicate so be patient, observant and non-judgmental.

Each being on council has its own life form type and intelligence.

You may call up these beings at any time for advice, or to come with you when you need their particular qualities or support.





This council can be with you for as long as necessary. They are your internal advisory board.

When you are ready to end the meeting, thank each member for being there.

Afterwards, journal the words and advice given to you. Try to implement the advice-when safe and possible.

Learn to tolerate the ambiguity and the non-linear way of engaging. It becomes rewarding over time. Some of the results in non-ordinary reality take the form of synchronicities, intuitive flashes, dreams, or big aha's.

Congratulations for taking a big risk and trying a very intuitive exercise!

## Exercise

Is this a way you like to work?

Have you experienced dreams, messages, synchronicities etc. before that were important to you?

If so how might you cultivate this part even more deeply?

If not, would you like to develop your intuition even more?

How might you do this in a way that honors your belief system and insights?

# The Dorothy Maclean-Plant Attunement Technique:



(Talking to the Devas)

Art by Dr. Jo Ann Hammond- Meiers

One of the 3 first founders of Findhorn, Dorothy MacLean, communicates with divinity, nature and plants. She first gets into a state of love or bliss by contacting that feeling. When she feels flooded with the quality of love or bliss, she then puts out intent to connect with the deva of anything- often a plant. Responses can come through many means, auditory, a knowing or feelings, or visual pictures.

Give yourself time to connect with this feeling of love and then the devas. Write down the devas responses and try to integrate the advice into your daily life. The advice will always be loving and good, never to hurt someone or do anything to hurt nature.

Dorothy connects directly to nature spirits, i.e. basil plants. The connection would be with the deva of basil. As explained in the Path of the Devas, they are the architects of nature. They do the designing. The elements of water, fire, air and earth do the work.

Through Dorothy's ability to tune into nature the gardens of Findhorn became world-renowned. They were able to grow the largest fruit and vegetables anyone had seen, all on inhospitable soil.

Dorothy would attune to the insect kingdom and talk to the caterpillars and ask them to not eat all her vegetables. She would tell them where they could move and work with them.



She worked with-divinity, love, nature. She also worked with angels. We can tune into the plant kingdom to see which oils to work with and how.

Hint: We can also use this technique to attune to our client's energy, even before they show up for an appointment, to get an idea of what they might need.

Maclean, Dorothy. *To Hear the Angels Sing: An Odyssey of Co-Creation with the Devic Kingdom*. 2nd ed. Everett, WA: Lorian Press, 2007 (1980).

You can google search more about Dorothy Maclean and Findhorn if you are interested in her fascinating connection to plant devas.



Dorothy was born in 1920 and died at 100, in 2020, leaving the world a distinctly more magical place.



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